

## Children's Formula Life Extension Mix™

### 100 chewable tablets

Item Catalog Number: 042

Children need a sound nutritional basis upon which to grow and develop, so it's important to ensure that they eat a balanced diet. However, with busy schedules, and fast or pre-processed foods, children may not meet all of their recommended daily value of nutrients each day. A daily multivitamin can help provide the nutrition they need to grow up strong and healthy.

The Children's Formula Life Extension Mix contains ingredients from Life Extension Mix in amounts that are suitable for children 2 years and older. Each easy to chew tablet contains 10 essential minerals and vitamins, including A, D and C important for a child's healthy development and growth. And kids love the great natural orange flavor.

## References

## Supplement Facts

Serving Size 2 tablets

Servings Per Container 50

### Amount Per Serving

Calories	10
Total Carbohydrates	2.3 g
Sugars	2.3 g
Vitamin A (as 86% beta-carotene and 14% palmitate)	3500 IU
Vitamin C (as ascorbic acid, sodium ascorbate, ascorbyl palmitate)	90 mg
Vitamin D (as cholecalciferol)	400 IU
Vitamin E (as dl-alpha tocopheryl acetate)	15 IU
Thiamin (Vitamin B1) (as thiamine HCl)	10 mg
Riboflavin (Vitamin B2)	5 mg
Niacin (Vitamin B3) (as niacinamide)	10 mg
Vitamin B6 (as pyridoxine HCl)	1 mg
Folic acid	225 mcg
Biotin	5 mcg
Pantothenic acid (as d-calcium pantothenate)	20 mg
Calcium (as calcium citrate)	2 mg
Magnesium (as magnesium gluconate)	0.5 mg
Zinc (as zinc oxide)	5 mg
Selenium [SelenoPure® L-selenomethionine (yeast free)]	5 mcg
Copper (as cupric sulfate)	100 mcg
Manganese (as manganese sulfate)	5.5 mg
Molybdenum (as amino acid chelate)	20 mcg
Sodium (as sodium ascorbate)	6 mg
Potassium (as potassium chloride)	3 mg
Choline (as choline bitartrate)	9 mg
Coenzyme Q10	1 mg
Inositol	10 mg
L-cysteine	25 mg
L-methionine	5 mg
L-glutathione	1 mg
Lecithin (from soy)	20 mg
Typical values	
Phosphatidylcholine	5.2 mg
Phosphatidylethanolamine	4.0 mg
Phosphatidylinositol	2.8 mg
Cabbage leaf powder (freeze-dried)	20 mg

Hesperidin complex (from marigold flowers)  
(lutein 12.5 mg, zeaxanthin 555 mcg)

Other ingredients: sucrose, fructose, orange juice powder, fatty acids, maltodextrin, magnesium stearate, gelatin, lactose, natural flavor, cornstarch, cellulose, silicon dioxide, ascorbyl palmitate, dl-alpha tocopherol, sodium ascorbate, sodium benzoate.

Contains milk and soybeans. Contains yeast, corn, and rice.

This product contains NO egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), tree nuts, wheat, or gluten. Contains NO artificial sweeteners or flavors.

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## Dosage and Use

- For children 4-8 years of age chew two tablets daily with food, or as recommended by a healthcare practitioner.
- For children under the age of 4 consult with a healthcare practitioner before use.

## Caution

The niacin in this product may cause flushing (a feeling of warmth and reddening of the skin). This effect is temporary and harmless. Periodic liver function testing and supervision of a qualified healthcare professional are strongly recommended with niacin dosing in excess of 500 mg daily. Life Extension Mix should not be used by individuals who have an allergy to sesame. Those with Wilson's disease or cancer patients on a physician supervised copper depletion therapy should avoid copper.

## Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please inform your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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